

# Dreams

*Ask and answer together with a partner giving grounds to your answers.*

Do you usually remember your dreams? Why/ Why not? Describe some of them. ★ **What was your nicest dream that you can remember?** ★ Talk about the most recent dream you can remember that you have had in the past. ★ **Talk about a recurring dream that you have had in the past.** ★ How do you interpret a dream? Do you use your intuition/imagination to understand it? ★ **Do you usually read books on dream interpretation? What is your opinion on it?** ★ Do you generally have pleasant dreams or nightmares? ★ **Have you ever had nightmares? What were they like?** ★ What's the worst nightmare you've ever had? ★ **What is "prophecy"?** ★ Have you ever had or heard of a dream that foretold the future? ★ **Did you know that Abraham Lincoln supposedly foresaw his own assassination in a dream? What do you think about it?** ★ Have you ever dreamed about dead people? Is it a good signal? Why/Why not? ★ **Have you ever dreamt about dead friends or relatives? How was it? How did you feel?** ★ Are dream messages sent from our unconscious, predictions of the future, or the brain's way of cleaning out information? ★ **Some people say that dreaming about losing money means that you will receive it. Have you ever heard this? What other sayings about dreams do you know?** ★ Do your dreams ever affect your moods? Explain. ★ **Have you ever woken up from a dream "in a cold sweat"?** ★ Do you believe that dreams can sometimes predict the future? ★ **Has anyone told you if you have walked or talked in your sleep?** ★ Here is a list of dream images. What might they represent? ★ **a road** ★ the sky ★ **snow** ★ a garden ★ **an open door** ★ a light ★ **sand** ★ fire ★ **falling** ★ darkness ★ **being chased** ★ speaking with a dead relative ★ **flying** ★ When you were a child, what was your dream for the future? Has it changed? ★ **Do you remember what you dream about in your sleep?** ★ What is your dream for the future? ★ **Have your dreams for your future changed?** ★ Do you tell people about your dreams? ★ **Do you think you can achieve your dreams?** ★ If you had lots of money what would you do with it? ★ **Do you think that having a lot of money can make you happy?** ★ Do you think that having dreams and aspirations is a waste of time?