

10 different ways to say that you are **disappointed** so that you can improve and enrich your vocabulary a great deal.

The adjective **disappointed** means unhappy because your hopes or expectations didn't come true as someone or something wasn't good enough.

Disillusioned

Meaning: Someone can be disillusioned with something because it is not as good as you expected.

Examples:

I'll boycott voting. I feel disillusioned with politics in this country.

All students were disillusioned with their new teacher. He was not what they expected.

Let down

Meaning: disappoint someone by failing to do what they expected you to do.

Examples:

Will you help me do the project? Please, don't let me down!

The employees in our company feel badly let down because their salaries were cut down.

Disenchanted

Meaning: feeling disappointed because something proved to be bad and unworthy.

Examples:

People are becoming increasingly disenchanted with the government after the war started.

After the divorce, Michael felt pretty disenchanted with married life.

Crestfallen

Meaning: feeling unhappy and disappointed.

Examples:

Sara felt crestfallen when she found out that her wallet was missing.

When they announced the results, many players were crestfallen.

Bitter

Meaning: feeling of unhappiness and anger because of the things from the past.

Examples:

Claudia felt bitter because she couldn't forget the fight she had with Pauline.

Although there was nothing he could do about it, William felt bitter about his divorce.

Discouraged

Meaning: lose enthusiasm and confidence.

Examples:

Adam felt a bit discouraged after his boss criticised him.

Travis easily gets discouraged when he can't find the solution to his problems.

Disheartened

Meaning: lose your hope, confidence and enthusiasm after you experienced disappointment.

Examples:

Terry was totally disheartened, but he still hoped everything would get back to normal.

Everybody gets disheartened sometimes. Even so, we must keep trying.

Dispirited

Meaning: lose enthusiasm and excitement about something.

Examples:

Her mother felt bitterly dispirited by her daughter's decision to marry a criminal.

Older and dispirited employees cannot continue under stress much longer.

Gutted

Meaning: very disappointed.

Examples:

Brian felt gutted for months when he broke up with Shirley.

When she realised her boyfriend didn't come to see her off, Joyce felt bitter and gutted.

On a downer

Meaning: disappointed and depressed.

Examples:

After our team lost, we were a bit on a downer.

You must have been on a downer after you lost your job.