## Here are terms related to different strategies in icehockey:

These terms illustrate the complexity and dynamic nature of ice hockey, highlighting the various skills and strategies involved in the game.

## **Offensive Moves**

**Backhand Pass** - a pass made with the back of the stick blade.

**Backhand Shot** - a shot taken with the back of the blade of the stick.

**Backhand Toe Drag** - a deke using the backhand and the toe of the stick.

**Bank Pass** - a pass off the boards to a teammate.

**Breakaway** - when a player skates in alone on the goalie.

Breakout Pass - a pass used to move the puck out of the defensive zone and start an offensive rush.

**Chip and Chase** - chipping the puck past a defender and skating around them to retrieve it.

**Cross-Ice Pass** - a pass that goes from one side of the ice to the other.

**Cycle Down Low** - maintaining puck possession along the boards in the offensive zone to tire out the defense

**Dangle** - a series of dekes or moves to elude a defender.

**Deflection** - redirecting a shot or pass with the stick blade to change its direction.

**Deke** - a move where the player fakes out the defender or goalie.

**Drop Pass** - a pass where the puck is left behind for a trailing teammate.

End-to-End Rush - carrying the puck from the defensive end to the offensive end for a scoring attempt.

**Faceoff Win** - gaining control of the puck after a faceoff.

**Fake Shot** - pretending to shoot to fool the goalie or defender.

**Five-Hole Shot** - a shot aimed between the goalie's legs.

**Forehand Shot** - a shot taken with the front of the blade facing the net.

**Give-and-Go** - passing the puck and then moving to receive a return pass.

**Net Drive** - forcefully skating towards the net to create a scoring chance.

**One-Handed Deke** - a deke performed with one hand on the stick.

**One-Timer** - a shot taken directly off a pass without stopping the puck.

**Over-the-Shoulder Shot** - a shot aimed high, over the goalie's shoulder.

**Puck Protection** - using the body to shield the puck from defenders while maintaining control.

**Quick Release** - a fast shot release to surprise the goalie.

**Rebound Shot** - a shot taken immediately after a save, usually from a rebound.

**Rink-Wide Pass** - a pass that goes across the width of the rink.

**Roof Shot** - a shot aimed high, typically to the top corners of the net.

**Saucer Pass** - a pass that lifts off the ice to avoid sticks or skates.

**Screen Shot** - a shot taken with a teammate blocking the goalie's view.

**Slap Shot** - a powerful shot where the stick is swung with force.

**Snap Shot** - a quick, powerful shot taken with a short backlift.

**Spin-o-Rama** - a 360-degree spin move to evade a defender or goalie.

**Through-the-Legs Shot** - a shot taken by putting the puck through the player's own legs before shooting.

**Tip-In** - redirecting a shot with the stick to change its direction into the net.

**Toe Drag** - pulling the puck in with the toe of the stick blade to evade a defender.

**Wraparound** - skating around the back of the net to score on the other side.

**Wraparound Shot** - circling the net and attempting to score on the opposite side.

**Wrist Shot** - a shot where the puck is propelled by a flick of the wrist.

## **Defensive Moves**

**Active Stick** - using the stick to disrupt passes and puck control.

**Backchecking** - skating back quickly to defend against an opposing rush.

**Block Shot** - using the body or stick to block a shot on goal.

**Body Check** - using the body to knock an opponent off the puck.

Clearing the Crease - moving opponents away from in front of the net.

**Clearing the Puck** - sending the puck out of the defensive zone.

**Defensive Zone Coverage** - maintaining proper positioning to prevent scoring opportunities.

**Faceoff Tie-Up** - engaging the opposing center to prevent a clean faceoff win.

Faceoff Win - successfully gaining control of the puck after a faceoff.

**Gap Control** - maintaining the right distance between the defender and the attacker.

**Gap Control** - managing the space between the defender and the attacker.

**Hip Check** - using the hip to knock an opponent off balance.

**Interception** - stealing a pass intended for an opponent.

Penalty Killing - defending effectively while shorthanded due to a penalty.

**Poke Check** - using the stick to poke the puck away from an opponent.

**Sealing the Boards** - using the body to prevent the puck from getting past along the boards.

**Shadowing** - closely following an opponent to limit their effectiveness.

**Shot Blocking** - intentionally getting in the path of a shot to prevent it from reaching the net.

**Shot Deflection** - changing the path of an incoming shot with a stick or body.

**Stick Lift** - lifting an opponent's stick to prevent them from playing the puck.

## **Plays and Strategies**

**2-on-1** - a situation where two attackers face one defender.

**3-on-2** - a situation where three attackers face two defenders.

**Backcheck** - hustling back to defend against an opponent's attack.

**Breakout** - moving the puck out of the defensive zone to start an attack.

**Butterfly Style** - a goaltending technique where the goalie drops to their knees to cover the lower part of the net.

**Cycle** - moving the puck along the boards in the offensive zone to create scoring opportunities.

**Diamond Formation** - a penalty-killing setup with four players in a diamond shape.

**Double Team** - two defenders applying pressure to one offensive player.

**Dump and Chase** - dumping the puck into the offensive zone and chasing after it.

**Dump-in** - shooting the puck into the offensive zone to chase after it.

**Forecheck** - applying pressure in the offensive zone to regain possession of the puck.

**Forecheck** - applying pressure to the opposing team in their defensive zone.

**Forehand-to-Backhand Move** - switching the puck from forehand to backhand to evade a defender.

**Giveaway** - losing possession of the puck to the opposing team.

**Icing** - sending the puck across both the center line and the opponent's goal line without it being touched.

**Line Change** - substituting players on the fly during gameplay.

**Neutral Zone Regroup** - reorganizing in the neutral zone to prepare for another offensive attack.

Neutral Zone Regroup - retreating into the neutral zone to reorganize before attacking.

**Neutral Zone Trap** - a defensive strategy to clog the neutral zone and prevent attacks.

**Odd-Man Rush** - an offensive rush with more attackers than defenders.

**Offensive Zone Faceoff** - a faceoff in the offensive zone, aiming to create a scoring chance.

**Offside** - a violation where an attacking player enters the offensive zone before the puck.

**Overload** - an offensive strategy that focuses players on one side of the ice.

**Penalty Box** - the area where players serve time for infractions.

Penalty Kill - defending when a team has a player in the penalty box.

**Penalty Shot** - a one-on-one attempt against the goalie awarded after a serious infraction.

**Pinching** - when a defenseman moves into the offensive zone to keep the puck in.

Pinching Defenseman - a defenseman moving into the offensive zone to keep the puck in.

**Power Play** - an offensive advantage when the opposing team has a player in the penalty box.

**Power Play Breakout** - a coordinated play to enter the offensive zone with an extra player.

**Screen** - positioning a player in front of the goalie to obstruct their view.

**Shadowing** - closely following an opposing player to limit their effectiveness.

**Shot Lane** - the path between the shooter and the goal, which defenders try to block.

**Shot on Goal** - any shot directed at the net that either scores or is stopped by the goalie.

**Stacking the Pads** - a goaltending move where the goalie stacks their leg pads to block a low shot.

**Stretch Pass** - a long pass intended to catch the opposition off guard.

**Turnover** - losing the puck to the opposing team due to a mistake.

**Umbrella Formation** - a power play setup with players positioned around the perimeter.

**Weak-Side Wing** - the winger on the side of the ice away from the puck.

**Zone Entry** - the method of entering the offensive zone with the puck.

Source: Chat GPT

