What current expression do you loathe?

- Make America Great Again.
- If one more person talks about a "journey" and does not mean a trip involving travel, I will blow my gasket! It's so overused now, for anything from going through a divorce to having Botox injections.
- It is what it is
- My bad...
- It is what it is 😡 😥 😥
- Amazing (so over used it's lost it's real meaning)
- Literally
- Yeah yeah yeah
- Like (every other word)
- So. At the beginning of each answer to a question
- Going forward
- Reach out
- Issues. We used to have problems, now they're issues
- Annual leave. We used to have 'holidays', now it sounds like we are allowed out of jail!
- Beginning virtually every sentence with "so".
- At the end of the day
- Game changer
- "No problem," in response to "Thank you."
- Reaching out!
- Fur baby
- Where are you at?
- From the get go. Awful
- It is what it is..
- Give it up for, ?
- LIKE.
- Do your own research (by someone who is almost illiterate)
- Not an expression per se, but I become murderous when I hear the word, "iconic"
- I was today years old when
- Not really an expression but just a word.
- "Utilize."
- You do realize there's an exact synonym that's three times quicker to say, over twice as quick to type, and doesn't make you sound nearly as pretentious/posh, right?
- "Use."

- To "pass away" instead of the beautifully soft "die";
- "Going forward" instead of "later", "after" or "in the future".
- "Making memories" ... also, "Everything happens for a reason."
- You feel me
- My bad
- No cap
- Bet
- Bro
- Maga
- Could care less (it's couldn't care less)
- (Double negatives)
- ("At" at the end of a sentence)
- Dawg
- Bae
- Throw shade
- Robert Bruce Brevitz
- Anyone axing a question.
- Over-use of the word "amazing" for the past two years.
- · could of
- Make America Great Again
- Shut your pie hole.
- Guys! I cringe every time some cheeky server calls me and my husband guys! Clearly I female.
- I appreciate you
- Just sayin'
- Yeah nah
- Just sayin
- If I'm being honest
- Know what I mean
- Think outside the box
- Navigate
- Journey
- Sustainable
- Does that make sense
- Anything purposely spelled wrong and incorrect grammar
- Imma, We be, tryna,
- Ike. Starting every sentence with like. Throwing in a few gratuitous likes sprinkled throughout the sentence. Etc etc like etc you know what i mean? Yeah, all of it.
- 100%. Just say, I fucking agree or be continental and say, D'accord.

- I reached out to
- "No problem."
- Kiddos
- Thank you in advance
- It is what it is.
- "...and whatnot"
- My bad . I loathe it
- No problem
- circle back
- Bro or Brah
- Cuteness overload I can't stand when these types of terms become the norm with people just trying to sound like they're know the latest jargon
- Going forward, but there are so many!
- "Baked in " is getting annoying.
- Not an expression, but like the constant use of like, in like every sentence, sometimes like, multiple times.
- UnpAck this
- Whelp
- Chillax.
- My bad
- 100. Hate it. No % sign.
- It is what it is
- "At the end of the day"
- Straight bussin/no cap
- "No problem" (instead of "You're welcome.")
- Dishonorable mention: "Tell YOUR truth." (Oprah Winfrey-ism) •



- Anywho
- I'm "passionate" about something. So overused and underthought
- Circle back
- Maga
- Not for nothing, I hate 'Not For Nothing'.
- The overuse of the word "super" eg "I'm SUPER excited to meet you" or "I'm SUPER thankful I won the match" etc
- Bro
- Mine is "I get it."
- I think, like, it's probably like LIKE!!!! 🔞



- "living your best life"
- "I was today years old when I learned..."
- Using "so" at the start of every sentence

- It is what it is.
- Well, duh
- A LABOUR LANDSLIDE
- You's 😡 as in "You's should know "....or "You's can tell them" 😡
- The concept of loathing something as innocuous as an expression or manner of speech- this is something loathsome to me. (a) (a) (a) (b) (b) (b)
- Flex and Riz. Had to look up both of them.
- "It is what it is"
- It is what it is.
- With that being said. Moving forward.
- "makes my teeth ache",
- "makes my eyes bleed",
- "I was today years old"
- Aaand, go!
- Asking for a friend
- Closure
- "You do you, and I'll do me."
- Make America great again.
- "Wait, What?"
- No worries
- "If I'm being honest..."
- "I'm obsessed with (whatever.)
- Poop. It's infantile. Are we 4 years old or are we adults?
- WTF?
- Community.
- "Just sayin" and "It's all good"
- Mary Whalen
- Perfect.....
- And this is important because...?
- Ramping up!
- "I could care less", when the speaker means the exact opposite.
- Everyone beginning a statement with "so".
- I could care less.
- I'll reach out.
- C'mon man, you're a lying dog faced pony soldier.
- Everything happens for a reason
- Binary choice, dude, bruh, "supposably," overuse of amazing, and a few more...
- "Back in the day." -or- "...be like..". OMG-- I hear those (or OMG, for that matter) and I can HEAR the speaker's knuckles dragging.

- Worst of the lot for me is the notion that assigning a label to someone -- racist, TERF, libtard, trumpanzee, ... -- rebuts anything they say & ends a discussion.
- Woke
- 'Excuse my French' just swear.
- Two times instead of twice
- soul mate
- Walla
- "It impacted upon... '
- Reaching out
- Very unique. It's either unique or it's not.
- "obsessed"
- "Me and her" went to the store.
- Gifting
- Like, I hate, like, the use of the word, like.
- "Going forward..."
- Oh my god.
- Moving forward.
- My bad.
- The way everything is "curated", and also "artisanal".
- Dude
- "Going forward." We have a perfectly fine and, indeed, more accurate saying. It is, "in the future."
- "It's been a minute."
- Calling anyone "bruh"
- "I mean" at the start of a sentence
- Unalive
- · Let me unpack this for you...
- Speak "your truth" to power.
- If it isn't everybody's truth, it's just your experience/opinion.
- "I love you more."
- Love shouldn't be a competition.
- To be honest...
- Circle back...
- that being said......
- "I wish I would of....."
- abundance of caution, full stop, shelter in place, gender neutral
- Do you want to do this or no.

- Manifest.
- Saying something is, "Dope" (2)
- "How is that!"
- Moving forward...
- Level set.
- In a minute, when they really mean a long time ago
- when one door closes another door opens
- What you be..... whatever
- It is what it is
- Woke.
- I'm pretty much indifferent to the term. What affects me, though, is that it makes the point, with pinpoint precision, that we live in times where things that should be considered as good things, such as intelligence, introspection, awareness, social conscience and responsibility, etc., are ridiculed, vilified, and quashed with threats of violence.
- I give up learning English!
- Guys, you criticise every phrase I have memorised with so much effort!!!
- Your call is important to us.....
- Shout out
- Is this a stealth pet peeve?
- It wasn't on my radar, when used by administration. In other words, I forgot.
- "Like"
- Axe the tax
- Jstinflation
- Make America great again
- Multitasking; fast-paced.
- "Mindful" as a preface to a response to a question. As in, "I must be mindful how I answer, but ..."
- Or an advisement. "Let's all be mindful of how ...".
- It's become the latest, new favorite of our WH press secretary and she said it at least 5 or 6 times in her latest briefing.
- I don't have a singular pet peeve, except the overuse of a newly learned phrase.
- Youse guys. Have a good one.
- Unpack
- It is what it is
- LMAO. inelegant and physically impossible.
- stay the course
- Full stop.
- In my heart,....know in my heart, listen in my heart, feel in my heart, see in my heart....

- Not a problem
- 100%
- "Based off..."
- "Ya know what I mean?"
- (If I don't, ya ain't meaning it right.)
- " My pet peve"
- AC, I prefer DC.
- You know, even well educated people who should know better sprinkle this sometimes with every sentence!!
- Whatever...
- Just saying...
- You have riz
- Gender "assigned at birth"; in the vast majority of cases the verb should be "discovered", or if ultrasound has revealed it then "confirmed".
- Back in the day.
- "Go for it."
- At the end of the day.
- Starting every answer with so. Drives me insane.
- human resources
- Somethin somethin
- AWESOME
- And starting a response with "so"...
- Awesome, perfect, no worries and good job...
- AWSOME was once a meaningful adjective.
- Anything that uses initials instead of words, assuming you know what it means.. I've just had to Google MLM..?
- These ones/ those ones
- Pivot.
- People, mainly women who say "Oh My God" when they are atheists. God doesn't belong to anyone, there isn't one.
- Iconic
- Indeed
- Like like like
- "Yo"...sounds ignorant.
- I have an ask.
- So...
- Back in the day! What day? when? how long ago?
- bellend
- It was, like, awesome

- A'ight !!!!
- Unpacking. Rolling out.
- "Toxic" anything
- 110%
- My boyfriend and I's (insert whatever they own).
- Karen. I hate it when we use people's names to describe undesirable behaviors. I don't like it when we call someone who goes to prostitutes 'John'. I don't like it when we say 'Debbie downer'. It's so childish.
- Paula Copley
- A "Bunch" of everything!!!!!!
- Passed. What is so bad about saying "died"? Or even passed away? Or croaked? Or kicked the bucket?
- Gifted
- I loathe hearing "No problem". "You're welcome" is the appropriate and most polite response.
- "Having said that," and "If you will." (If I will WHAT?)
- See the hand
- Like
- Describing perfectly believable things as "incredible"
- 'The plan going forwards' (just in case you thought plans could go backwards).
- Iain Churches
- "I'm good" makes me cringe!
- Awesome this, awesome that.
- 'Fine tooth-comb' for fine-tooth(ed) comb.
- 'Six month (insert any period) anniversary.'
- 'Perfect' as used by HR people in response to every answer.
- 'What was your name?'
- Living your best life
- "It was surreal".
- You're joking me
- Myriad of
- "Enjoy..."
- Circle back....
- From the get go.
- Appending -gate to anything that smells of scandal. It's trite, lazy, clichéd, incompetent journalism.
- Grab it. Grabbing something is similar to snatching, very rude and aggressive
- Gifted instead of given. Reach out instead of contact.
- My bad instead of ??? What does it mean?

- Like like like!
- my bad
- "Not gonna lie" hooray for you!
- "Gave me the ick"...
- Boils my p**s. Horrible expression!
- It is what it is.
- For free.
- My bad
- Are you good?
- What ever you think is a fair thing.
- Meme, thinking out of the box, oh absolutely, LGBGT (NAMED AFTER A BRITISH SPORTS CAR?), 110 PERCENT (WHAT?)
- "what can be, unburdened by what has been"
- 'Double down' what does this even mean? 'Trust me, I....' guaranteed to make me avoid you. 'Obviously' when it isn't...
- Furbaby 😩
- Like
- No worries
- Kudos
- At the end of the day
- Me thinks
- Jealous much
- Back in the day.
- Could care less!! It's COULDN'T care less!
- Y'all
- Dude! (actually, I'm ambivalent about it. Sometimes I find it warm and endearing, yet other times I want to smack any mouth that utters that sound. Right, dude?
- No problem
- What are we having?
- Passionate about, to mean that I am keen to do a job properly.
- Uptick. Instead of increase.
- Price point. Instead of price range.
- Separate out. Instead of separate.
- Change out. Instead of change.
- Both, when it is unnecessary, as in they both had the same idea.
- Would have. Instead of had.
- Need I go on?
- Oh I don't know... something orange. ?
- I'm not gonna lie...it's

- I'd be lying if I said...
- I won't lie..
- My bad
- Everything happens for a reason
- I'll double check, after not checking at all
- Jay Evans
- Starting a sentence with "Like I said/say...." Before saying anything!
- Not all heroes wear capes.
- Fur baby
- · Right back at you.
- I appreciate you
- "Literally"
- That being said
- 100 per cent
- Going forward
- I don't like @any way, shape, or form
- "Incredible" to describe people or situations that are well within the bounds of human credulity. Your discounts are not incredible. They are commonplace. Your coworkers are admirable, your pain is severe, your new dress is attractive, your effort is remarkable. Not incredible at all. Nor is your thing amazing. I am not amazed. "Interesting" is the term you are groping for.
- " It is what it is."
- "My bad."
- " Put on your big girl panties and deal with it."
- In my humble opinion
- My bad
- It is what it is.
- What else could it be.
- Election was stolen.
- The singular they/them. It's not proper grammar
- "Before he died my cousin told me" as he said it after he died.
- Whatever
- Like!
- It is what it is.
- My bad!
- My bad
- I know, right?

- It's so dope
- Scaffold ... still in use. Sounds important and essential. Means nothing.
- That's AWESOME
- Any use of "wild".
- Right? Right? Right?
- woke
- Welcome in
- The phrase I'm obsessed with it
- That's a No Brainer
- Influencer
- Awesome
- When something takes something "by storm."
- Sounds good...
- Wrong day
- Vulgar terms and expressions for the procreative and bowel functions are always highly amusing, and original as well.
- Whatever
- "I know what you did there." This is in response to a clever line or quip. A simple laugh or chuckle would be a more appropriate and far less annoying response.
- Woke.
- Awesome
- Anything trump
- No worries!
- Totally.
- I identify as...
- Perfect
- Soz
- Moving forward...
- "Situation" as in "a salad situation" is unfortunately gaining traction, along with "pivot", when someone changes their mind and decides to do something different.
- "You know what your problem is?"
- Taken the world by storm. Duh!
- He wack
- Ax me a question
- What-ever
- Real-a-tor...it's REAL-tor folks!
- Ash fault...It's Asphalt folks!
- Etc etc etc
- literally

- It is what it is
- Kuddos
- Amazing
- "...curated...(super-pretentious), "y'all (unless you're from the South), and of course everyone's least favorite, "it is what it is."
- It's a vibe
- It is what it is
- "You do you."
- Price point
- I don't even know why, but I hate it when I say, "Thank you," and the other person says, "No problem." Argh!
- I guess it implies that if it had been even the slightest bit of a problem, they wouldn't have done it.
- Different THAN when it should be different FROM
- At the end of the day.
- Sea change.
- Long time no see
- Perfect!
- Slay
- Back in the day.....
- Bargaining chip, should be chit.
- Cautious optimism
- Back in the day
- "Perfect....." "Imposter syndrome." "From a cyber perspective" "Noted..." "work life balance." "A threat to democracy." Please...
- On the scale
- See ya!
- Awesome. Especially when used incorrectly as in, "Just had tacos, they were awesome." Or, "My janitor is awesome. He fixed my sink in a NY minute. Awesome is for fantastic events or things, like the dropping of a nuclear bomb or a total eclipse or the discovery of life in Mars, for example.
- Make America Great Again
- "I gotchu".. from someone who isn't going to do what was asked of them anyway
- '...in this space'!
- Whatever
- Iconic.
- The both...
- Believe me
- Whatever.

- A few more recent trends I hate are: "hot take", "hill to die on", and the slightly older "tea" (to imply gossip).
- That's old school
- All of them.
- All of them, I'm not picky.
- When People Say "I'm Not Gonna Lie"
- Perfect
- "Elevate". Got tired of that real fast.
- "You see..."
- Perfect.
- 100%!
- No problem.
- My bad
- "No cap"... Like honestly fit in magazine because as a non-native speaker the one thing that pop's in my mind is an actual cap...
- Whilst
- 'Gymming'
- "Moving forward"
- So...
- My bad.
- 'Plausible Deniability'!
- "So, anyway..."
- This, that, and a third.
- My bad
- 'Beg the question' used to mean to require the question to be asked, rather than the correct meaning of seeming to want a person's conclusions to be accepted without logical backup.
- Impacting
- How are we?
- And you are?
- The use of "amid" in headlines, captions, and chyrons.
- Well....not loathing so much but intolerant......makes me cringe when folks say, "That's so surreal"....you know they really mean dream-like, or magical realism, but hey, How about reading Andre Breton's First Surrealist Manifesto and Hey Presto!!.....you'll know to STOP saying surreal.......Please??
- "Here's the thing..."
- Negative impact. Can't you just say "bad", or "unpleasant", or even "rotten"?