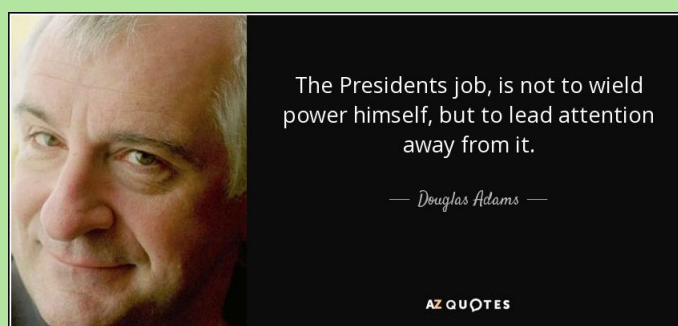


# Action + object combinations

Power? A spell? A grudge? The next question is, which verb is to be used to make each of those words work in a sentence. If you're a Finnish speaker, you simply can't reason your way around English structures i.e. use logic. Oh no. You have to KNOW how everything is organized. That subtle skill comes with exposure, which is the hard part of learning Advanced English. So thank your lucky stars for the account below, study it, try in out and if you think you've mastered an item, use it in an important context.

Millä verbillä enkussa kannetaan kaunaa? Tai sanotaan loitsu? Tai haudotaan epäilyksiä? Ei mitään tsäänssiä miettiä näitä suomen kielen kautta! Pitää taas kerran TIETÄÄ. Enter exposure eli altistus. Lue läpi, omaksu ja käytä.



*To wield power - To exercise or use influence or control effectively.*

**To accelerate progress** – To speed up the pace of development or improvement.

**To accept responsibility** – To take on accountability for an action or outcome.

**To achieve goals** – To successfully reach or fulfill one's objectives.

**To acknowledge contributions** – To recognize and appreciate the input of others.

**To acknowledge mistakes** – To admit errors or faults in actions or decisions.

**To adapt a strategy** – To modify a plan to fit new circumstances.

**To adapt solutions** – To modify answers or methods for a different context.

**To adapt strategies** – To modify plans to suit new conditions or challenges.

**To address concerns** – To focus on or respond to issues or worries.

**To adjust expectations** – To modify what one hopes or anticipates.

**To administer a program** – To oversee or manage a system or initiative.

**To adopt a mindset** – To take on a particular attitude or perspective.

**To advise clients** – To provide guidance or recommendations to customers or stakeholders.

**To air grievances** – To publicly express complaints or dissatisfaction.

**To align goals** – To make objectives compatible or consistent with each other.

**To align priorities** – To adjust objectives so they are consistent or in harmony.

**To allocate resources** – To distribute or assign materials, money, or effort appropriately.

**To amplify voices** – To give more power or visibility to people's opinions or concerns.

**To analyze data** – To examine and interpret numerical or factual information.

**To analyze trends** – To examine patterns or movements over time.

**To announce a decision** – To formally share a choice or conclusion.

**To anticipate challenges** – To predict and prepare for potential obstacles.

**To anticipate problems** – To foresee and prepare for potential issues.

**To apply knowledge** – To use information or expertise in a practical way.

**To appreciate progress** – To recognize and value improvements.

**To approach a challenge** – To tackle or address a difficult task.

**To approach a problem** – To begin addressing or tackling an issue.

**To approve plans** – To give consent or authorization for proposed strategies or actions.

**To argue a case** – To present reasons in support of an idea or position.

**To argue a point** – To defend or support a specific idea or perspective.

**To arrange meetings** – To schedule or organize gatherings or appointments.

**To articulate ideas** – To express thoughts clearly and effectively.

**To assemble equipment** – To collect or gather tools, machines, or supplies.

**To assess performance** – To evaluate how well someone or something is functioning.

**To assess risks** – To evaluate the potential dangers or problems associated with an action.

**To assist colleagues** – To offer help or support to coworkers.

**To attract attention** – To draw focus or interest to something or someone.

**To avoid pitfalls** – To steer clear of potential problems or risks.

**To back a proposal** – To support or endorse an idea or plan.

**To balance priorities** – To manage conflicting tasks or responsibilities.

**To balance workloads** – To distribute tasks evenly to avoid overburdening anyone.

**To banish fears** – To eliminate or overcome anxieties.

**To battle misconceptions** – To fight against false or incorrect beliefs.

**To bear a grudge** – To carry feelings of resentment or bitterness.

**To bear responsibility** – To take on the duties or obligations for something.

**To bolster support** – To strengthen or increase backing for an idea or cause.

**To brainstorm ideas** – To generate a variety of creative thoughts or solutions.

**To brainstorm solutions** – To generate creative ideas for solving a problem.

**To break a habit** – To stop doing something regularly.

**To break barriers** – To overcome obstacles or limitations, often social or cultural.

**To break down barriers** – To overcome obstacles, often in communication or relationships.

**To break news** – To deliver important or shocking information.

**To break the ice** – To initiate conversation in a social setting.

**To brew trouble** – To cause or prepare for conflict or problems.

**To bring about change** – To cause a shift or transformation.

**To brush aside concerns** – To dismiss worries or objections.

**To build a reputation** – To develop a public perception of oneself.

**To build bridges** – To foster cooperation or understanding between groups.

**To build consensus** – To foster agreement or shared understanding among a group.

**To build momentum** – To generate increasing energy or support.

**To build trust** – To establish confidence and reliability in relationships.

**To buy time** – To delay an event or decision to gain more time.

**To calculate costs** – To determine the financial expenses involved in something.

**To calculate expenses** – To determine the cost involved in a project or activity.

**To calculate risks** – To assess the potential dangers or benefits of an action.

**To call attention** – To make something noticeable or important.

**To carry weight** – To have significance or influence in a situation.

**To carve a path** – To create a way forward, often metaphorically.

**To cast a spell** – To perform a magical incantation.

**To challenge assumptions** – To question commonly accepted beliefs or ideas.

**To challenge norms** – To question or defy established standards.

**To change direction** – To shift focus or modify the course of action.

**To change perceptions** – To shift the way people view or understand something.

**To chase a dream** – To pursue an ambition.

**To check in** – To make contact or update on progress.

**To claim victory** – To declare success in a competition or effort.

**To clarify doubts** – To make something clear or understandable.

**To clarify instructions** – To make directions clearer or easier to follow.

**To clarify intentions** – To make one's goals or purposes clear.

**To clarify questions** – To explain or make inquiries clearer.

**To clean up messes** – To fix problems or restore order.

**To clear the air** – To resolve misunderstandings or tension.

**To close a deal** – To finalize a transaction or agreement.

**To collaborate on a project** – To work together on a task or goal.

**To collaborate with others** – To work jointly with people to achieve a common goal.

**To collect data** – To gather information for analysis or use.

**To collect feedback** – To gather responses or opinions from others.

**To combat ignorance** – To fight against lack of knowledge or awareness.

**To commit to a cause** – To dedicate oneself to a particular movement or purpose.

**To communicate effectively** – To convey information clearly and in a manner that is understood.

**To communicate expectations** – To make one's desires or standards clear to others.

**To compare options** – To evaluate different alternatives or choices.

**To compare results** – To evaluate and contrast outcomes from different actions.

**To compete effectively** – To engage in a contest with a high level of performance.

**To complete a task** – To finish or accomplish a specific activity.

**To complete tasks** – To finish or accomplish assigned jobs or objectives.

**To conduct research** – To carry out systematic investigation or inquiry into a subject.

**To confirm details** – To verify or validate specific facts or pieces of information.

**To confront challenges** – To face difficulties directly and with determination.

**To confront fears** – To face anxieties or concerns directly.

**To confront reality** – To face the truth about a situation, however difficult.

**To connect ideas** – To link or associate different concepts or thoughts.

**To consult experts** – To seek advice or guidance from knowledgeable individuals.

**To contribute ideas** – To offer suggestions or thoughts to a group or project.

**To control costs** – To manage or regulate expenses to stay within budget.

**To coordinate efforts** – To organize actions or work so that it is efficient and aligned.

**To cope with stress** – To manage or handle pressure or anxiety.

**To correct mistakes** – To fix errors or rectify faults in a process.

**To counter arguments** – To present reasons against a position or claim.

**To create chaos** – To generate confusion or disorder.

**To create content** – To produce or develop material for distribution (e.g., articles, videos).

**To create harmony** – To bring about peace or unity in a situation.

**To create opportunities** – To generate favorable chances for success or advancement.

**To create structure** – To build a clear framework or organization for something.

**To criticize actions** – To point out flaws or faults in someone's behavior.

**To criticize behavior** – To point out faults or shortcomings in actions.

**To cross a line** – To go beyond acceptable limits.

**To cross paths** – To meet or encounter someone unexpectedly.

**To cultivate relationships** – To develop and maintain strong personal connections.

**To cultivate skills** – To develop or nurture abilities through practice and learning.

**To cut corners** – To do something in a cheap or hurried way.

**To cut ties** – To end a relationship or association.

**To deal with pressure** – To handle stress or demanding situations.

**To decipher code** – To translate or interpret secret or unclear information.

**To defend a position** – To argue in favor of a stance or viewpoint.

**To define roles** – To clearly specify the duties and responsibilities of individuals.

**To deliver a blow** – To inflict harm or setback.

**To deliver a message** – To communicate information or news.

**To deliver results** – To produce outcomes or effects as expected or promised.

**To demand attention** – To require focus or notice from others.

**To demonstrate commitment** – To show dedication and loyalty to a cause or task.

**To demonstrate leadership** – To show qualities of leadership through actions and decisions.

**To deploy resources** – To strategically use tools or materials for a purpose.

**To design solutions** – To plan or devise answers to problems or challenges.

**To design systems** – To plan and create organized processes or structures.

**To detect problems** – To identify issues or flaws in a system or process.

**To determine outcomes** – To decide or conclude the results of a situation.

**To develop strategies** – To create plans for achieving specific objectives.

**To differentiate products** – To make goods distinct from competitors' offerings.

**To direct efforts** – To guide or focus one's actions toward a goal.

**To direct resources** – To allocate tools, money, or effort to a specific purpose.

**To direct teams** – To lead or guide groups of people toward a goal.

**To disclose information** – To reveal or share important details or facts.

**To dispel myths** – To prove false or eliminate misconceptions.

**To dispute claims** – To challenge or contest assertions or accusations.

**To disrupt the status quo** – To disturb or challenge the existing state of affairs.

**To distribute materials** – To hand out or allocate supplies or resources.

**To distribute tasks** – To assign specific responsibilities to individuals or groups.

**To dive into work** – To begin a task with enthusiasm or focus.

**To diversify investments** – To spread money across different assets to minimize risk.

**To document progress** – To record the development or advancement of a project.

**To dodge a question** – To avoid answering directly.

**To dominate a field** – To be the most influential or successful in a particular area.

**To draw a conclusion** – To form an opinion or decision based on evidence.

**To draw a crowd** – To attract a large number of people.

**To drive a point home** – To emphasize a message or idea clearly.

**To drive change** – To lead or motivate transformations.

**To drive engagement** – To increase participation, interest, or involvement.

**To drive innovation** – To inspire or lead new, creative developments.

**To drop a hint** – To subtly suggest something.

**To earn a living** – To make money through work or business.

**To earn respect** – To gain admiration through actions or behavior.

**To earn trust** – To gain confidence and reliability from others.

**To ease tension** – To reduce conflict or stress.

**To eliminate doubts** – To remove uncertainty or confusion.

**To eliminate waste** – To reduce inefficiency or unnecessary consumption.

**To empower others** – To enable others to act with confidence or authority.

**To enforce laws** – To implement and ensure compliance with regulations or rules.

**To enforce rules** – To ensure compliance with laws or guidelines.

**To engage in conversation** – To participate in dialogue or discussion.

**To enhance capabilities** – To improve or expand someone's skills or abilities.

**To enhance communication** – To improve the clarity and effectiveness of exchanges.

**To enhance performance** – To improve effectiveness or results.

**To enhance skills** – To improve or sharpen one's abilities.

**To ensure quality** – To guarantee that something meets a standard of excellence.

**To envision success** – To imagine achieving a goal or outcome.

**To establish guidelines** – To create rules or instructions for a process.

**To evaluate outcomes** – To assess the results or effects of an action or process.

**To evaluate performance** – To assess how well someone or something is performing.

**To evaluate success** – To judge or measure the effectiveness of a project or goal.

**To examine evidence** – To carefully look at proof or data in order to make a judgment.

**To execute plans** – To carry out or put a strategy or decision into action.

**To execute strategies** – To carry out planned actions designed to achieve a goal.

**To exhibit confidence** – To show or display self-assurance in one's abilities.

**To expand influence** – To increase one's power or control.

**To expand reach** – To increase the influence or audience of something.

**To explore possibilities** – To consider or investigate different options.



**To expose flaws** – To uncover mistakes, weaknesses, or deficiencies.

**To express gratitude** – To show thankfulness or appreciation.

**To express opinions** – To share personal views or beliefs.

**To extend an invitation** – To ask someone to attend an event or participate.

**To face a challenge** – To confront a difficult situation.

**To face adversity** – To confront difficulties or challenges.

**To facilitate communication** – To make the process of exchanging ideas or information easier.

**To fan the flames** – To make a situation worse, often by adding conflict.

**To fight injustice** – To oppose unfair or immoral treatment.

**To fill a gap** – To address a missing element or need.

**To finalize details** – To complete or confirm small aspects of a plan.

**To find balance** – To achieve a fair or harmonious distribution.

**To focus attention** – To direct one's concentration to something specific.

**To follow a lead** – To pursue a clue or piece of information.

**To follow through** – To complete an action or commitment.

**To forge ahead** – To continue with determination.

**To forge an alliance** – To create or establish a partnership or agreement.

**To foster collaboration** – To encourage or support working together with others.

**To foster creativity** – To encourage or support creative thinking.

**To foster innovation** – To encourage and support the development of new ideas.

**To fuel excitement** – To stimulate enthusiasm or interest.

**To fulfill obligations** – To meet commitments or duties that one is required to do.

**To gain clarity** – To achieve a clear understanding of something.

**To gain ground** – To make progress or advance.

**To gain insight** – To obtain a deeper understanding of something.

**To gather momentum** – To build speed or support over time.

**To generate leads** – To identify potential clients or customers.

**To get the ball rolling** – To start an activity or process.

**To give a speech** – To deliver a formal address to an audience.

**To give advice** – To offer recommendations or guidance.

**To give credit** – To acknowledge or recognize someone's contributions.

**To go the extra mile** – To make an additional effort beyond what is expected.

**To grab attention** – To captivate or draw interest.

**To guide decisions** – To lead or influence choices or actions.

**To handle objections** – To respond to or address concerns or resistance.

**To handle pressure** – To cope with stressful situations or expectations.

**To harbor doubts** – To keep or feel uncertainties about something.

**To hatch a plan** – To devise or create a scheme, usually secret or clever.

**To highlight strengths** – To emphasize positive qualities or advantages.

**To hit a nerve** – To provoke an emotional reaction.

**To hit a target** – To reach a specific goal or objective.

**To hoist a flag** – To raise a flag, typically on a pole.

**To hold a grudge** – To maintain resentment toward someone.

**To hold a position** – To maintain a stance or job.

**To identify opportunities** – To recognize favorable situations or chances for improvement.

**To identify weaknesses** – To recognize flaws or areas for improvement.

**To ignite a debate** – To start an argument or discussion.

**To ignite interest** – To spark curiosity or engagement.

**To ignite passion** – To spark strong feelings or enthusiasm.

**To implement a plan** – To put a strategy into action.

**To implement changes** – To put new modifications into action.

**To improve efficiency** – To make processes faster and less resource-consuming.

**To improve outcomes** – To make results better or more effective.

**To improve processes** – To make procedures more efficient or effective.

**To influence decisions** – To affect or change the choices others make.

**To influence outcomes** – To affect the results of a process or decision.

**To inspire action** – To motivate others to take steps toward a goal.

**To inspire change** – To motivate or encourage transformation in a situation or behavior.

**To inspire hope** – To encourage optimism or belief in the future.

**To integrate systems** – To combine different processes or tools into a unified whole.

**To introduce a concept** – To present a new idea or theory.

**To introduce changes** – To begin implementing modifications to a system or procedure.

**To invest in growth** – To put resources into development or improvement.

**To invest resources** – To allocate money, time, or energy into a project or venture.

**To involve stakeholders** – To engage those with an interest or investment in a decision or process.

**To iron out details** – To resolve small issues or differences.

**To issue a warning** – To formally or publicly give notice of potential danger.

**To join a movement** – To become involved in a collective effort or cause.

**To join forces** – To collaborate or work together.

**To judge behavior** – To form an opinion about someone's actions.

**To jump to conclusions** – To make a decision too quickly without adequate evidence.

**To jump-start progress** – To initiate or accelerate the advancement of a project or goal.

**To justify decisions** – To provide reasoning for actions or choices.

**To keep a promise** – To honor one's word.

**To keep a secret** – To not disclose confidential information.

**To keep momentum** – To maintain progress or drive in a task.

**To keep promises** – To honor agreements or commitments.

**To keep records** – To maintain a systematic collection of important information.

**To kick a habit** – To stop doing something undesirable.

**To knock on doors** – To approach others for help or opportunities.

**To launch a campaign** – To start an organized effort to achieve a goal.

**To launch a product** – To introduce a new product to the market.

**To launch an initiative** – To start a new project or effort.

**To lay a foundation** – To establish a basis for future work.

**To lead a project** – To manage or direct a specific initiative or task.

**To lead a team** – To manage or guide a group of people.

**To lead by example** – To demonstrate desired behavior for others to follow.

**To lead discussions** – To guide or facilitate group conversations or debates.

**To learn lessons** – To gain knowledge or wisdom from experiences.

**To leave a legacy** – To create something lasting that is remembered after one's time.

**To leave a mark** – To create a lasting impression.

**To leverage skills** – To use one's abilities for advantage or success.

**To lift a burden** – To relieve someone of a difficulty or responsibility.

**To light a fire** – To inspire or motivate action.

**To lodge a complaint** – To officially report a grievance or dissatisfaction.

**To maintain discipline** – To uphold order or control in a situation.

**To maintain order** – To ensure that things stay organized or structured.

**To make amends** – To repair a wrongdoing or harm.

**To make predictions** – To forecast or estimate future events based on data.

**To manage expectations** – To help others have realistic understandings of what can be achieved.

**To manage resources** – To organize or handle supplies, money, or assets.

**To manage risks** – To handle or minimize potential dangers or losses.

**To measure success** – To assess the achievement of goals.

**To meet deadlines** – To complete tasks or projects within a specified time.

**To meet demands** – To fulfill requirements or expectations.

**To meet expectations** – To fulfill anticipated standards.

**To mentor others** – To provide guidance, advice, or support to less experienced individuals.

**To miss an opportunity** – To fail to take advantage of a chance.

**To monitor performance** – To regularly assess how well something is being done.

**To motivate action** – To encourage someone to take steps toward a goal.

**To mount a challenge** – To initiate or prepare an effort to contest something.

**To move forward** – To continue progressing toward a goal.

**To navigate challenges** – To find a way through difficult circumstances.

**To navigate obstacles** – To work through difficulties effectively.

**To negotiate deals** – To discuss and agree upon terms in a business or legal context.

**To negotiate terms** – To discuss and agree on the conditions of a deal or arrangement.

**To nurture talent** – To help develop someone's abilities or potential.

**To observe behavior** – To watch and analyze how people act.

**To observe patterns** – To recognize recurring trends or behaviors.

**To obtain approval** – To get permission or endorsement from someone.

**To offer assistance** – To provide help or support.

**To offer solutions** – To suggest answers or ways to resolve an issue.

**To open a dialogue** – To start a conversation or discussion.

**To open opportunities** – To create chances for success or growth.

**To optimize performance** – To improve the effectiveness or efficiency of a process or individual.

**To optimize processes** – To make systems or workflows more efficient or effective.

**To organize events** – To plan, arrange, and manage gatherings or activities.

**To organize schedules** – To arrange or structure plans, events, or activities in a timely manner.

**To outline a plan** – To give a structured description of steps or actions.

**To outline goals** – To describe clearly defined objectives to be achieved.

**To outline objectives** – To define clear and specific goals for a project or effort.

**To overcome limitations** – To exceed the constraints or boundaries that hold one back.

**To overcome obstacles** – To triumph over challenges or difficulties.

**To overcome odds** – To succeed despite challenges.

**To overcome setbacks** – To recover from difficulties or failures.

**To oversee projects** – To supervise and manage the development or execution of initiatives.

**To paint a picture** – To describe something vividly.

**To participate actively** – To engage fully and contribute in an event or discussion.

**To pave the way** – To create a path for others to follow.

**To pay a visit** – To go somewhere, usually to see someone.

**To perceive trends** – To recognize or detect patterns or shifts in behavior or data.

**To perform duties** – To carry out responsibilities or tasks.

**To persist in efforts** – To continue trying despite difficulties.

**To personalize content** – To tailor information or material to an individual's preferences or needs.

**To pioneer a movement** – To lead or start a new trend or cause.

**To place blame** – To assign responsibility for a mistake or issue.

**To place emphasis** – To highlight or give special attention to something.

**To plan ahead** – To organize or prepare for future events or challenges.

**To plant a seed** – To initiate an idea or effort.

**To plant evidence** – To fabricate proof of wrongdoing.

**To plot revenge** – To plan an act of retaliation against someone.

**To point the finger** – To blame someone for something.

**To predict outcomes** – To anticipate what might happen in the future.

**To press the issue** – To insist on discussing or resolving something.

**To prioritize tasks** – To rank tasks based on importance or urgency.

**To promote awareness** – To spread knowledge or consciousness about an issue or cause.

**To promote growth** – To encourage the development or improvement of something.

**To propose a solution** – To suggest an answer or fix for an issue.

**To propose ideas** – To suggest new concepts or solutions for consideration.

**To protect interests** – To safeguard one's own or a group's goals, rights, or well-being.

**To prove a point** – To demonstrate or confirm an argument or belief.

**To provide guidance** – To offer advice, recommendations, or direction.

**To provide support** – To offer assistance or help when needed.

**To pull strings** – To use influence to achieve something.

**To pursue excellence** – To strive for the highest level of quality or achievement.

**To push boundaries** – To go beyond conventional limits.

**To put down roots** – To settle in a particular place.

**To put plans into action** – To start implementing a strategy or idea.

**To raise awareness** – To inform or educate others about an issue or cause.

**To raise concerns** – To express worries or issues regarding something.

**To raise questions** – To ask for clarification or to introduce topics for discussion.

**To raise standards** – To increase expectations or quality levels.

**To reap benefits** – To enjoy rewards or advantages.

**To recognize achievements** – To acknowledge and celebrate successes or accomplishments.

**To recognize talent** – To acknowledge someone's abilities.

**To reduce costs** – To lower expenses or financial outlay in a process or business.

**To reduce inefficiency** – To eliminate wasteful practices or unproductive activities.

**To reduce risks** – To lower the chance of danger or harm.

**To reflect on actions** – To think about the consequences of one's behavior or decisions.

**To reflect values** – To demonstrate principles or beliefs.

**To reinforce policies** – To strengthen the implementation or enforcement of rules.

**To reinforce strategies** – To strengthen or support specific plans or approaches.

**To reinforce values** – To strengthen or affirm principles and beliefs.

**To release tension** – To alleviate stress or pressure.

**To remove barriers** – To eliminate obstacles.

**To renew a vow** – To recommit to a promise or agreement.

**To represent interests** – To act in a way that benefits or advocates for a group or individual.

**To resolve conflicts** – To settle disputes or disagreements.

**To resolve disputes** – To settle disagreements or conflicts.

**To resolve issues** – To find solutions to problems or conflicts.

**To retain focus** – To stay concentrated on a task.

**To reveal secrets** – To disclose confidential information.

**To review documents** – To examine papers or files for accuracy or completeness.

**To review results** – To examine the outcomes or effects of a process or decision.

**To reward efforts** – To acknowledge and give recognition for hard work.

**To ride a wave** – To take advantage of momentum or success.

**To ring a bell** – To sound familiar or remind someone of something.

**To rise to the occasion** – To meet a challenge with strength or capability.

**To risk everything** – To put all at stake for a goal.

**To save face** – To protect one's reputation or dignity.



**To seize a moment** – To take advantage of an opportunity.

**To seize an opportunity** – To take advantage of a favorable moment.

**To set a precedent** – To establish a standard for future actions.

**To set expectations** – To communicate the level of performance or behavior desired.

**To shape opinions** – To influence what others think.

**To share insights** – To provide knowledge or understanding.

**To share knowledge** – To pass on information, wisdom or skills to others.

**To share responsibilities** – To distribute tasks and duties among team members.

**To sharpen skills** – To improve or perfect one's abilities.

**To shed light** – To clarify or explain something.

**To shift focus** – To change one's attention or concentration from one thing to another.

**To show restraint** – To act with self-control.

**To simplify concepts** – To explain complex ideas in an easier or clearer way.

**To simplify processes** – To make tasks or procedures easier or more efficient.

**To solve problems** – To find solutions to challenges or difficulties.

**To spark change** – To cause a shift or transformation in a situation.

**To spark conversations** – To initiate discussions or dialogue.

**To spark creativity** – To inspire or ignite imaginative thinking or solutions.

**To spark curiosity** – To inspire interest or wonder.

**To spark innovation** – To inspire new ideas or creative solutions.

**To spread a message** – To communicate an idea widely.

**To stake a claim** – To assert ownership or rights.

**To stand ground** – To hold firm in a position or opinion.

**To stimulate creativity** – To inspire new, innovative ideas or solutions.

**To stir emotions** – To provoke feelings.

**To strategize effectively** – To create well-thought-out plans for achieving goals.

**To strengthen abilities** – To make someone's skills or knowledge more powerful or effective.

**To strengthen relationships** – To improve and deepen connections with others.

**To strengthen ties** – To improve relationships or connections.

**To strike a balance** – To find a middle ground.

**To strike a deal** – To reach an agreement, especially in business or negotiations.

**To submit a request** – To formally ask for something.

**To supervise activities** – To oversee and manage actions or tasks being carried out.

**To support a cause** – To back a particular movement or issue.

**To support decisions** – To back or advocate for choices made by others.

**To support development** – To assist or encourage the growth or advancement of something.

**To suppress emotions** – To hold back feelings.

**To sustain efforts** – To maintain momentum or continue with activities over time.

**To sustain growth** – To maintain or continue progress.

**To tackle challenges** – To address and try to overcome difficulties.

**To take a chance** – To act despite risks.

**To take a stand** – To express a firm opinion on a matter.

**To take action** – To do something in response to a situation or problem.

**To take charge** – To assume control or leadership of a situation.

**To take control** – To assume leadership or authority in a situation.

**To take initiative** – To begin action without being prompted or directed.

**To take initiative** – To start actions without being prompted by others.

**To take precautions** – To act in a way that prevents problems or dangers.

**To take risks** – To engage in actions that involve uncertainty or potential loss.

**To teach skills** – To instruct or train others in specific abilities or knowledge.

**To test boundaries** – To explore limits or rules.

**To throw a party** – To organize a celebration.

**To trace origins** – To investigate the beginnings of something.

**To track developments** – To monitor changes or progress in a project or situation.

**To track progress** – To monitor or follow the development of an activity or project.

**To train skills** – To teach or practice specific abilities.

**To transfer knowledge** – To pass information or skills to others.

**To transform ideas** – To change or reshape concepts into something new or improved.

**To trust instincts** – To rely on one's natural intuition or judgment.

**To turn a blind eye** – To ignore something intentionally.

**To turn around a situation** – To change the direction of events for the better.

**To uncover truth** – To reveal facts or reality.

**To understand perspectives** – To grasp or empathize with different viewpoints.

**To unify efforts** – To combine resources or actions toward a common goal.

**To update systems** – To bring systems up to date or improve them.

**To uphold justice** – To maintain fairness or the rule of law.

**To utilize resources** – To make use of available tools or materials.

**To utilize technology** – To make effective use of technological tools or systems.

**To validate claims** – To confirm or support statements with evidence.

**To validate findings** – To confirm or verify research or conclusions.

**To verify information** – To confirm the accuracy or truth of facts or details.

**To voice concerns** – To express worries or objections aloud.

**To voice opinions** – To express thoughts or beliefs aloud.

**To walk a tightrope** – To navigate a difficult or risky situation.

**To waste resources** – To use materials inefficiently.

**To weave a story** – To create a narrative.

**To weigh options** – To consider different alternatives or choices.

**To welcome change** – To embrace new ideas or situations.

**To welcome feedback** – To accept and encourage input or criticism from others.

**To wield influence** – To exercise power or authority.

**To wield power** – To exercise or use influence or control effectively.

**To win approval** – To gain acceptance or agreement.

**To work collaboratively** – To cooperate or work together with others toward a common goal.

**To work efficiently** – To perform tasks in a manner that minimizes waste and maximizes results.

**To work toward goals** – To put effort into achieving desired outcomes.

**To work towards a goal** – To make efforts in pursuit of an objective.

**To wrestle with ideas** – To struggle with or debate concepts.

**To write a report** – To create an official document of findings.

**To yield results** – To produce outcomes or consequences from efforts or actions.

**To yield to pressure** – To give in to external demands or force.

Source: **Chatty Gepetto**