

Street English vs. Polite English: F*ck & Sh*t

For educational use only – Senior High School (B2–C1 level)

*This worksheet explores real-world English expressions using the taboo words "f*ck" and "sh*t", along with their more polite or formal alternatives. Learn to recognize and replace strong language depending on the situation and audience.*

Part 1: F*ck – Say It Without Saying It

Informal / Taboo Expression	Polite or Neutral Alternative
I f*cked up the report.	I made a serious mistake.
This f*cking weather is awful.	This terrible weather is awful.
He's such a lazy f*ck.	He's such a lazy guy.
F*ck! I forgot my bag.	Darn! I forgot my bag.
What the f*ck is that?	What on earth is that?
I don't give a f*ck.	I don't care.
That was f*cking amazing!	That was absolutely amazing!
F*ck it, I give up.	Forget it, I give up.
He totally f*cked it up.	He completely ruined it.
Just f*ck off already!	Just go away already!

Part 2: Sh*t – Say It Without Saying It

Informal / Taboo Expression	Polite or Neutral Alternative
I don't give a sh*t.	I don't care.
This is total bullsh*t.	This is complete nonsense.
I've got so much sh*t to do.	I have so much to do.
That exam was sh*t.	That exam was really difficult.
Get your sh*t together.	Get organized.
Don't talk sh*t about me.	Don't speak badly about me.
He's full of sh*t.	He's not telling the truth.
We're in deep sh*t now.	We're in big trouble now.
She looked like sh*t.	She looked really tired.
Holy sh*t!	Wow! / Oh my goodness!